

Cox HealthPlans



Dear Group Administrator,

Please see below for information regarding Smoking Cessation products, our convenient eVisit services, and Walmart Clinic information.



Smoking Cessation Medications Now Covered at \$0 Copay

Cox HealthPlans is pleased to announce that effective 5/1/2011 over-the-counter products Nicotrol Inhaler, Nasal Spray, Nicotine gum, Nicotine lozenge, and Nicotine TD patch 24 hour kits will be available at \$0 and does not apply to Rx deductible (if applicable).

Bupropion (generic Zyban) will be available at Tier 1 and Chantix will be available at Tier 2 and members must first satisfy their Rx deductible (if applicable) before copay applies.

There are no quantity limits on the number of cycles a member can take of any of the above listed medications with the exception of Chantix, which is limited up to 2 cycles per calendar year.

Note: Members must meet their Rx deductible (if applicable) in order to receive listed medications at a Tier 1 or Tier 2 copay.

For additional information, [click here](#)

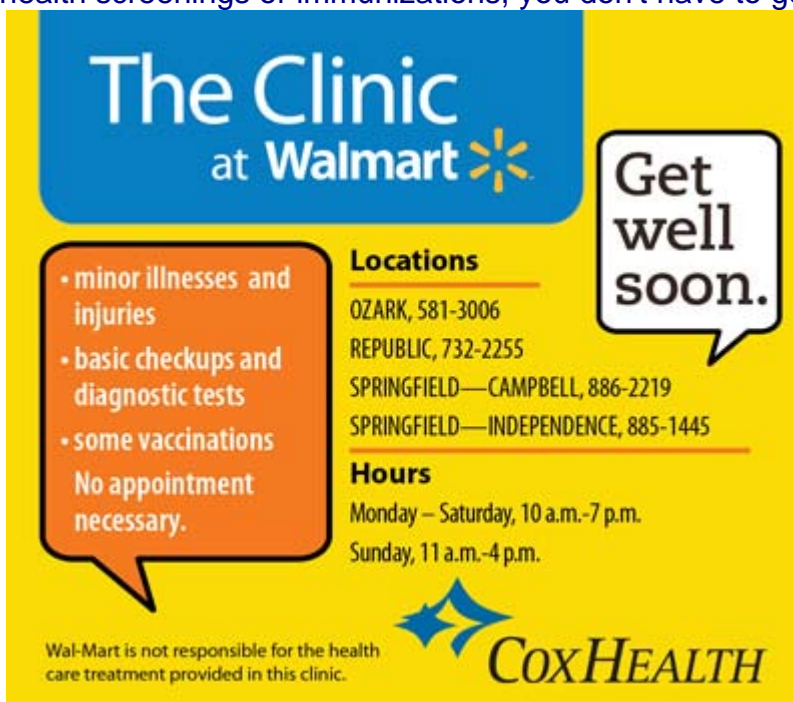
eVisits are Fast, Convenient and now covered under your Cox HealthPlans coverage!

- CHP members receive eVisits for just \$10 (your benefit plan picks up the rest).
- Communicate directly with your physician securely through your PC.
- Response within 24 hours, or sooner.
- Save time traveling to the doctor's office or in the waiting room.

For more information regarding this service, [click here](#)

The Clinic at Walmart

When you need help for minor illnesses and injuries such as sinus infections, cold and flu, strains and sprains, health screenings or immunizations, you don't have to go far.



The Clinic at Walmart

- minor illnesses and injuries
- basic checkups and diagnostic tests
- some vaccinations

No appointment necessary.

Locations


OZARK, 581-3006
REPUBLIC, 732-2255
SPRINGFIELD—CAMPBELL, 886-2219
SPRINGFIELD—INDEPENDENCE, 885-1445

Hours

Monday – Saturday, 10 a.m.-7 p.m.
Sunday, 11 a.m.-4 p.m.

Get well soon.

Wal-Mart is not responsible for the health care treatment provided in this clinic.

 **COX HEALTH**

Sincerely,



417-269-4679 / (800) 205-7665
[Contact us by email](mailto:info@coxhealthplans.com) or visit us at www.coxhealthplans.com

BREAK A BAD HABIT

QUIT SMOKING WITH THE HELP
OF YOUR EMPLOYER &



One of Every Five.

The number of deaths in the United States that are smoking related.

More than 400,000.

The number of Americans that die from cigarette smoking and related diseases.

Number One.

Cigarette smoking is the single most preventable cause of premature death in the country.

Plain and simple, smoking is bad for your health. That's why Cox HealthPlans and Catalyst Rx, your pharmacy benefit manager, have partnered together to provide you with an opportunity to help you kick the habit.

Talk to your doctor and take charge of your health. When you are ready to quit, Cox HealthPlans is there for you! Simply ask your physician to write a prescription for the smoking cessation product that is right for you.



Please remember, to receive coverage for an approved smoking cessation medication, you must obtain a written prescription. Once received, take the prescription to your local pharmacy & present it, along with your Cox HealthPlans prescription identification card, to the pharmacist to fill your script.

Covered Medications

OVER THE COUNTER MEDICATIONS (OTC)

No Member Cost Share

(prescription deductible, if applicable, does not apply)

Nicotrol Inhaler & Nasal Spray

Nicotine Polacrilex Gum

Nicotine Polacrilex Lozenge

Nicotine TD patch 24hr kits

Tier 1 Copay*

Bupropion HCL tab SR (generic Zyban)

Tier 2 Copay*

Varenicline tabs (Chantix)

** Subject to your prescription deductible, if applicable for your plan, before copay applies. Chantix benefits allow up to 2 cycles (12 weeks per cycle) total per calendar year.*

Catalyst Rx is available 24 hours a day, seven days a week to provide assistance.

If you experience a problem having a prescription filled or have questions, please call (888) 341-8578.



Cox HealthPlans is pleased to announce a new online service available to our members. *eVisits* are a new convenient way of visiting with your physician from the comforts of your home or office – without time or inconvenience of travel to the physician’s office or spent in waiting rooms!

Existing patients of participating health care providers may log in through their own computer to their Patient Express account to access the new *eVisit* feature. For a \$10 copay, members may communicate with their physician safely and securely with responses from their physician within 24 hours (or sooner!).

Member Eligibility:

- ✓ All covered members are eligible (HDHP plans excluded).
- ✓ You must register for *Patient Express* through your physician’s office.
 - *Patient Express* is the online portal through CoxHealth allowing secure internet communication with the physician’s office.
 - One must obtain a username/password from their physician and then register online. The Patient Express link may be accessed through www.coxhealthplans.com / Member / Links.
 - A separate username/password is required for each individual covered under the plan. Therefore, if covered family members see the same physician, each member would need to register separately for *Patient Express*.

Benefit:

- ✓ A \$10 copay is taken at the time of the *eVisit*.
 - Electronic payment is required (credit card).
 - Your credit card will not be processed in real time, allowing physician to cancel *eVisit* if not appropriate (thus cancelling the charge and you will not be billed).
- ✓ The copay does NOT apply to Out of Pocket Maximums. Once the Out of Pocket Maximum for the calendar year is met, the *eVisit* copay would still be required.
- ✓ Your physician will review and respond (not Nurse Practitioner or Physician’s Assistant) within 24 hours (with a goal of 1/2 day). *eVisit* communication covers a 7-day period for that diagnosis.

Physicians Currently Accepting *eVisits*:

- ✓ Cox Health currently has a number of clinics participating in *eVisits*. A full listing of current providers can be found on the back of this flyer.

As this is a fairly new venture within the health system, we anticipate even more clinics to accept *eVisits* in the future. Feel free to mention to your physician (if not one from the clinics listed on the back of this flyer) that you would like them to participate!

** Members must be an existing patient for one of the participating physicians. eVisits are not a substitute for all office visits and may be used only for issues that do not require an in-person examination. These visits will be conducted at the discretion of the physician.*

For questions regarding your *eVisit* benefit or any other health plan benefits, please contact Cox HealthPlans Member Services Department at (417) 269-2900 or 1-800-205-7665.

Physicians Currently Accepting <i>eVisits</i>:

- ✓ **Adult Medicine & Endocrinology**
- ✓ **Center for Advanced Pain Mgmt**
- ✓ **Chesterfield Family Clinic**
- ✓ **Cox Family Medical Associates**
- ✓ **Cox Family Physicians**
- ✓ **CoxHealth Center Branson**
- ✓ **CoxHealth Center Marshfield**
- ✓ **CoxHealth Center of Aurora**
- ✓ **CoxHealth Center of Nixa**
- ✓ **CoxHealth Center of Ozark**
- ✓ **CoxHealth Center of Willard**
- ✓ **CoxHealth of Rogersville**
- ✓ **CoxHealth Pediatrics**
- ✓ **CoxHealth Center Mt. Vernon**
- ✓ **Diagnostic Clinic**
- ✓ **Elfindale Family Medicine**
- ✓ **Family Medical Care Center**
- ✓ **Family Practice & OB of Monett**
- ✓ **Internal Medicine for Women**
- ✓ **Pediatrics Center**
- ✓ **Pediatrics Specialty**
- ✓ **Physicians for Women**
- ✓ **Seymour Family Clinic**
- ✓ **Southern Hills Family Medicine**
- ✓ **Southwest Spine & Sports**
- ✓ **Steeplechase Family Medicine**
- ✓ **Thomas J. Legg**