



Individual Silver 4000

Coverage for: Individual + Family | Plan Type: PPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a **summary**. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-205-7665 or visit www.coxhealthplans.com. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at www.dol.gov/ebsa/healthreform or call 1-800-205-7665 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible ?	\$4,000 person/ \$8,000 family in-network provider . \$8,000 person \$16,000 family out-of-network provider Doesn't apply to preventive care.	You must pay all the costs up to the deductible amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the deductible starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the deductible .
Are there services covered before you meet your deductible ?	Yes. Preventive care, Emergency Room, Urgent Care and Office Visit services are covered before you meet your deductible .	This plan covers some items and services even if you haven't yet met the annual deductible amount, but a deductible , copay , or coinsurance may apply. For example this plan covers certain preventive services without cost-sharing before you meet your deductible . See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan ?	For in-network providers \$6,000 person/ \$12,000 family. For out-of-network providers \$20,000 person/ \$40,000 family	The out-of-pocket limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit ?	Premiums , balance-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Will you pay less if you use a network provider ?	Yes. See www.coxhealthplans.com or call 1-800-205-7665 for a list of in-network providers .	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .
Do you need a referral to see a specialist ?	No.	You can see the specialist you choose without a referral .



All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$10 copay /visit \$10 Mental Health copay /visit	50% coinsurance	Primary care visit Copay applies to 3 visits per calendar year. Additional visits apply to deductible/coinsurance . Copay covers services billed by the physician for the same date of service. (Does not apply to specialist visits). No charge only for services recommended by the U.S. Preventive Services Task Force as mandated by PHSA Section 2713
	Specialist visit	20% coinsurance	50% coinsurance	
	Preventive care/screening/immunization	No Charge	50% coinsurance	
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance	50% coinsurance	-----None-----
	Imaging (CT/PET scans, MRIs)	20% coinsurance	50% coinsurance	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.coxhealthplans.com	Generic drugs (Tier 1)	\$15 prescription retail and \$37.50 mail order	50% coinsurance	Covers up to a 30-day supply (retail prescription); 90 day supply (mail order prescription)
	Preferred brand drugs (Tier 2)	\$45 prescription retail and \$112.50 mail order	50% coinsurance	
	Non-preferred brand drugs (Tier 3)	\$75 prescription retail and \$187.50 mail order	50% coinsurance	
	Specialty drugs (Tier 4)	\$100 prescription retail	Not Covered	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	50% coinsurance	Certain outpatient procedures and/or therapies may have limitations and have a 50% penalty without required preauthorization .
	Physician/surgeon fees	20% coinsurance	50% coinsurance	

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need immediate medical attention	Emergency room care	\$450 copay /visit	\$450 copay /visit	-----None-----
	Emergency medical transportation	20% coinsurance	20% coinsurance	
	Urgent care	\$75 copay /visit	50% coinsurance	
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	50% coinsurance	All Inpatient Services require preauthorization . 50% penalty may be applied without preauthorization for Out-of-Network providers .
	Physician/surgeon fees	20% coinsurance	50% coinsurance	All Inpatient Services require preauthorization . 50% penalty may be applied without preauthorization for Out-of-Network providers .
If you need mental health, behavioral health, or substance abuse services	Outpatient services	20% coinsurance .	50% coinsurance .	-----None-----
	Inpatient services	20% coinsurance .	50% coinsurance .	All Inpatient Services require preauthorization . 50% penalty may be applied without preauthorization for Out-of-Network providers .
If you are pregnant	Office visits	\$10 copay /visit	50% coinsurance	Copay applies to 3 visits per calendar year including primary care visits. Additional visits apply to deductible/coinsurance . Copay covers services billed by the physician for the same date of service.
	Childbirth/delivery professional services	20% coinsurance	50% coinsurance	50% penalty may be applied without preauthorization .
	Childbirth/delivery facility services	20% coinsurance	50% coinsurance	

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need help recovering or have other special health needs	Home health care	20% coinsurance	50% coinsurance	Limited to 100 visits per calendar year. 50% penalty may be applied without preauthorization .
	Rehabilitation services	20% coinsurance	50% coinsurance	Therapies, excluding speech, each limited to 20 visits per calendar year. 50% penalty may be applied without preauthorization for additional visits or speech therapy.
	Habilitation services	20% coinsurance	50% coinsurance	Applied behavior analysis (BCBA, BCaBA specialties only) requires preauthorization and is limited to individuals through 18 years of age.
	Skilled nursing care	20% coinsurance	50% coinsurance	Limited to 150 inpatient days per calendar year. 50% penalty may be applied without preauthorization .
	Durable medical equipment	20% coinsurance	50% coinsurance	50% penalty may be applied without preauthorization .
	Hospice services	20% coinsurance	50% coinsurance	50% penalty may be applied without preauthorization .
If your child needs dental or eye care	Children's eye exam	20% coinsurance	20% coinsurance	Limited to one visit per calendar year for individuals up to 19 years of age.
	Children's glasses	20% coinsurance	20% coinsurance	Limited to one pair of glasses (lenses and frames) per calendar year for individuals up to 19 years of age. Requires preauthorization .
	Children's dental check-up	20% coinsurance	20% coinsurance	Limited to individuals up to 19 years of age.

Excluded Services & Other Covered Services:

Services Your [Plan](#) Generally Does NOT Cover (Check your policy or [plan](#) document for more information and a list of any other [excluded services](#).)

- Acupuncture
- Bariatric surgery
- Dental care (Adult)
- Infertility treatment
- Long-term care
- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

- Chiropractic care (26 visits per calendar year without prior authorization)
- Cosmetic surgery (With prior authorization)
- Hearing aids
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing (Home Health setting only)

Your Rights to Continue Coverage: Federal and State laws may provide protections that allow you to keep this health insurance coverage as long as you pay your **premium**. There are exceptions, however, such as if:

- You commit fraud
- The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the plan at 1-(800) 205-7665. You may also contact your state insurance at 1-866-444-3272.

Your Grievance and Appeals Rights: If you have a complaint or are dissatisfied with a denial of coverage for claims under your **plan**, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact the insurer at 1-(800) 205-7665. You may also contact your state insurance department at 1-(800) 726-7390.

Additionally, a consumer assistance program can help you file your **appeal**. You may also contact them at 1-(800) 726-7390.

Does this plan provide Minimum Essential Coverage? **Yes.**

The Affordable Care Act requires most people to have health coverage that qualifies as "minimum essential coverage." **This plan or policy does provide minimum essential coverage.**

Does this plan meet Minimum Value Standards? **Yes.**

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

Language Access Services:

Non-English speaking language assistance services, free of charge, are available to you. Call 1-844-563-0782 (TTY: 1-800-735-2966).

-----*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*-----

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
■ The plan's overall deductible	\$4,000	■ The plan's overall deductible	\$4,000	■ The plan's overall deductible	\$4,000
■ Primary care doctor copayment	\$10	■ Specialist copayment	20%	■ Specialist copayment	20%
■ Hospital (facility) coinsurance	20%	■ Hospital (facility) coinsurance	20%	■ Hospital (facility) coinsurance	20%
■ Other coinsurance	0%	■ Other coinsurance	0%	■ Other coinsurance	0%
This EXAMPLE event includes services like: Specialist office visits (<i>prenatal care</i>) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (<i>ultrasounds and blood work</i>) Specialist visit (<i>anesthesia</i>)		This EXAMPLE event includes services like: Primary care physician office visits (<i>including disease education</i>) Diagnostic tests (<i>blood work</i>) Prescription drugs Durable medical equipment (<i>glucose meter</i>)		This EXAMPLE event includes services like: Emergency room care (<i>including medical supplies</i>) Diagnostic test (<i>x-ray</i>) Durable medical equipment (<i>crutches</i>) Rehabilitation services (<i>physical therapy</i>)	
Total Example Cost	\$12,731	Total Example Cost	\$7,389	Total Example Cost	\$1,925
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
<i>Cost Sharing</i>		<i>Cost Sharing</i>		<i>Cost Sharing</i>	
Deductibles	\$3,520	Deductibles	\$2,321	Deductibles	\$1,094
Copayments	\$0	Copayments	\$1,120	Copayments	\$0
Coinsurance	\$2,480	Coinsurance	\$427	Coinsurance	\$274
<i>What isn't covered</i>		<i>What isn't covered</i>		<i>What isn't covered</i>	
Limits or exclusions	\$60	Limits or exclusions	\$163	Limits or exclusions	\$0
The total Peg would pay is	\$6,060	The total Joe would pay is	\$4,031	The total Mia would pay is	\$1,368

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.